



STILLNESS

M A N O R & S P A



CAPE TOWN | SOUTH AFRICA



perfectly situated

Situated 20 minutes from central Cape Town, 30 minutes from Cape Town International Airport, with legendary Cape vineyards on its doorstep... Stillness enjoys majestic views of the Constantia Valley, False Bay and the Hottentots Holland mountains. The manor house is a stunning example of Cape Dutch architecture.

welcome to
STILLNESS

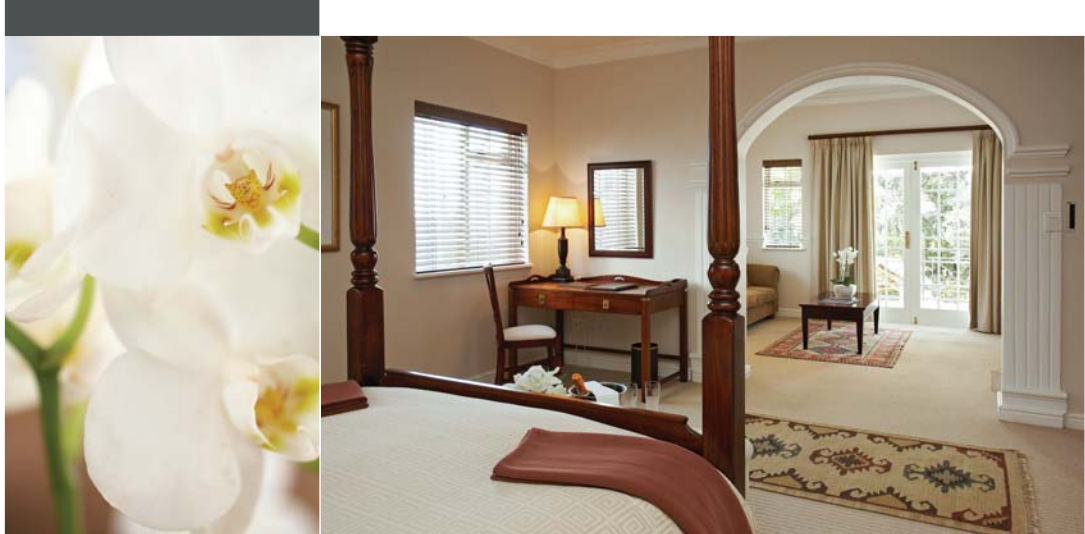






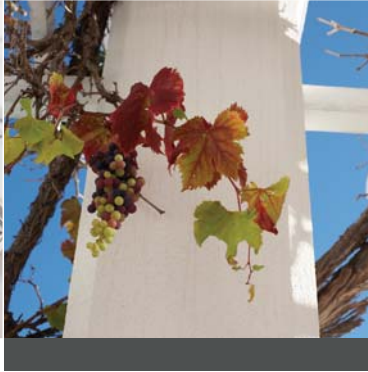
luxurious suites

Luxurious suites in the manor house and secluded garden suites make Stillness a quintessential haven of the Cape.



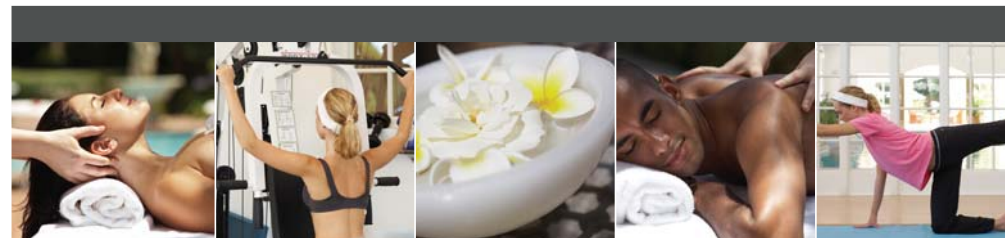
absolute comfort

Comfortable suites, muted tones, medley of fabrics, Stillness...



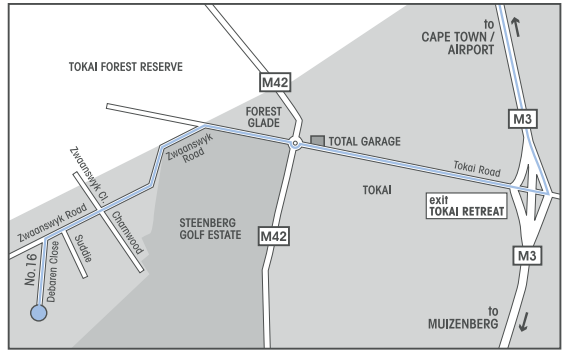
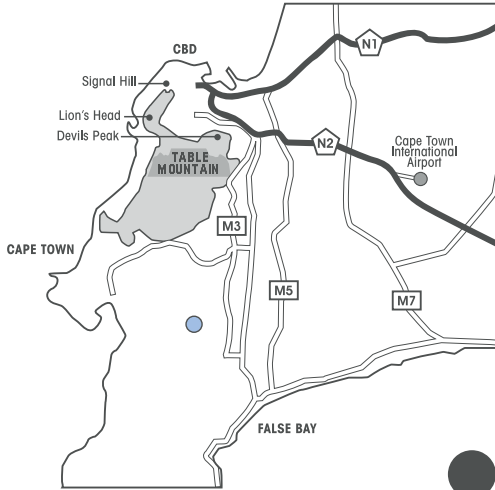
lavish cape hospitality

Visit the beautiful Cape and sample the region's magnificent wines from our cellar. Enjoy the peace and privacy of Stillness and discover our renowned cuisine's flavours and tastes against the backdrop of panoramic vistas. Dine al fresco on the Deck and experience a bountiful selection of gourmet dishes... a highlight of every guest's stay at stillness.



relax refresh revitalise

Indulge your senses and pamper your body at Stillness Spa. Unwind in the caring hands of qualified beauty therapists. An extensive range of internationally renowned skin and body treatments are available including facials, skin rejuvenation and touch therapies.



STILLNESS

MANOR & SPA



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16 Debaren Close | Tokai | Cape Town 7945 | South Africa | T +27 (0)21 713 8800 | F +27 (0)21 713 8875
reservations@stillnessmanor.com | www.stillnessmanor.com

Stillness Manor & Spa is part of Incore Properties (Pty) Limited