



The Lanzerac Skin Clinic is once again setting the trend and proud to introduce a wide range of anti-ageing treatments, including innovative facial rejuvenation techniques and skin resurfacing. We apply a holistic approach to analysing the skin and provide solutions to a wide variety of skin conditions including scar treatment, acne, and pigmentation

Our professional approach to each client's needs is to regard them as sacrosanct. Each and every client is consulted in our skin clinic and a full consultation provided free of charge in order to establish the exact condition of their skin. All relevant factors are taken into account, including life-style, geography, genetics, treatment regimes and any other relevant factors. Our clients are then provided with individually adapted treatment programmes.

Located at the well-known Lanzerac Estate in Stellenbosch, and part of the Lanzerac Spa & Wellness Centre, which was voted Best 100 Spa's in Africa for 2009, "Simply Skin" applies the same professional approach to all its activities.



## FACIAL TREATMENTS

### *VinAqua Facials:*

#### **CHARDONNAY FACIAL**

60 min-R425

*Classic facial to establish the needs of the skin incl. massage and mask.*

#### **BLANC DE BLANC FACIAL**

75 min-R505

*An in depth treatment of skin conditions such as dehydration, tired and dull skin or sensitivity.*

#### **PINOTAGE DELUXE FACIAL**

90 min-R740

*An anti-ageing treatment which is rich and luxurious with long lasting results.*

## THERAVINE™ FACIAL THERAPY

*TheraVine™'s facials provide the perfect skin maintenance to hydrate, rebalance, nourish and stop time in its tracks while its aroma & texture provides for a multi-sensory experience.*

*Each of our treatments can be further enhanced with eye, hand, foot or scalp treatments for ultimate indulgence therapy.*

## THERAVINE™ BASIC FACIALS

#### **THERAVINE™ APPETIZER FACIAL**

30 min-R250

*Experience an express Vine therapy facial boost customized to your specific skin concerns in just thirty minutes.*

#### **THERAVINE™ BALANCING FACIAL**

60 min-R425

*A deep-cleansing facial customised to gently remove surface impurities followed by a personalised mask while utilizing specially selected aromatic botanicals for restoring balance to the skin, leaving your skin soft and restored.*

#### **THERAVINE™ HYDRATING FACIAL**

60 min-R425

*A facial designed for extreme relaxation with the aromatic scent of essential oils designed to deeply hydrate your skin, leaving you with a radiant complexion.*

## THERAVINE™ SPECIALISED FACIALS

#### **HYDRAVINE™ FACIAL**

60 min-R450

*The perfect treatment for very dry, sensitive skin needing intense hydration and a vitamin boost. This facial helps restore the skin's hydro-lipidic film, by deeply hydrating skin with a revolutionary cloth mask containing Hyaluronic Acid which intensely moisturises and 'locks in' active ingredients for up to 3 weeks.*

#### **THERAVINE™ DELUXE ANTI-AGING FACIAL**

90min-R740

*The infinite replenishing treatment, assisting in reducing fine lines and wrinkles by implementing specialised boosters and serums to combat the signs of ageing. The products contain active peptides, which help regenerate skin's collagen and elastin. A plasticizing paradox mask is applied to further enhance the actions of the active ingredients. A true time interceptor.*

## **NUTRIVINE™ THERAPACK FACIAL**

75 min-R505

*An anti-oxidant, nutrient rich facial that nourishes and revitalises dull, fatigued skin types. This facial incorporates a specialised, warm multi-active grape- and linseed face pack, which stimulates and enhances the action of the products applied during the treatment. Skin is left feeling smooth, soft and radiant.*



## **AROMAVINE™ ANTI-WRINKLE FACIAL**

90min-R740

*A facial like no other! Feel luxuriously pampered whilst enjoying a relaxing back, neck, shoulder and scalp massage before Muscle Relaxant ampoules are lavishly applied to your face in a specialised massage routine targeting the superficial and deeper facial muscles to assist in reversing time-ravaged skin, resulting in the reduction of fine lines, wrinkles and expression lines, leaving you feeling rejuvenated and restored.*

## **PURIFYING SEBUVINE™ FACIAL**

60 min-R570

*A specialized treatment recommended for those with oily skin, dilated pores, thick texture and constant shine. This treatment incorporates multi-active ingredients, which help clarify, purify and re-balance the skin by normalizing the production of sebum, and preventing blocked pores.*

## **ACNIVINE™ FACIAL**

60 min-R570

*This treatment is for those suffering with acne to help matify and stimulate cell renewal for the prevention of scars and excessive sebum production. The active products used helps balance the skin's micro-flora, decreases follicular inflammation, prevent the production of sebum and prevent the loss of hydration.*

## **THERAVINE™ TIMECARE EYE TREATMENT**

30 min-R270

*An intensive treatment resulting in the reduction of fine lines and easing of deeper wrinkles leaving your eyes fresh and rejuvenated – either incorporated into a facial or as a separate treatment.*

## **PEELS**

### **THERAVINE™ INTENSIVE EXFOLIATING FACIAL**

60 min-R490

*A professional skincare treatment containing a 70% Glycolic Acid recommended for mature, sun damaged, wrinkled skins as well as deep acne scarring or other facial scarring. This peeling consists of a natural fruit acid of deeper concentration than enzyme peelings but is still a safer alternative to harsh chemical peels and resurfacing treatments.*

*A course of peels is usually recommended and we will put together a customised package for your individual needs.*

## **MICRODERMABRASION**

### **How does it work?**

*Microdermabrasion is a gentle process of jetting fine crystals across the skin under vacuum pressure in order to remove dead and damaged skin cells.*

*Although this procedure is very superficial it is able to reduce and in some cases erase the damage caused by the sun, visibly minimize pore size and fine lines are eliminated while the skin is left firmer and age spots lightened.*

*One session (15min added to facial) R250*

*A course of Microdermabrasion is always advisable in which case a customised programme will be designed to obtain the required effect. Results may vary depending on the client's skin type.*

## **AESTHETIC TREATMENTS**

*A variety of aesthetic treatments such as injectables and Botox® are available on request.*

*For more information please contact us at:*

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