

**Authentic is all about being real, being true to yourself and your body and taking the greatest care to enhance both your inner and outer beauty by perfecting harmony between your body, mind and soul. We understand that beauty is more than just skin deep and each therapist places heart and soul into all treatments offered. The most advanced skincare products, latest equipment and advanced techniques have been sourced from around the world to offer you real results. Our goal is to deliver a great experience while providing result orientated treatments – every time you visit.**

**Please check in at Front Desk 15 minutes prior to your scheduled appointment to fill in a consultation card. The estimated duration of treatments includes a skin analysis and product consultation as well as product and treatment prescription.**

**WE ADD VALUE TO YOUR TREATMENT!**

**ADVANCED TREATMENT FACIALS (δ) incorporate all the essentials of a traditional facial which include: cleanse exfoliation, steam, extractions, face, neck, shoulder massage and masque. A complimentary scalp massage, eyebrow shape, eyebrow tint and eye lash tint is also included.**

Advanced treatment facials marked with the symbol δ.

**PERSONALIZED TREATMENT PLAN**

\* Somerset Mall & Stellenbosch Square

**SKIN SCANNER CONSULTATION 30min 110**

The Nimue Skin Scanner enables therapists to see the skin's surface, detecting your skin problems even before they come to the surface. The Scanner allows you to see your own skin at the same time as your therapist, helping you to understand the complexities of your skin type and skin problems. Your therapist will provide you with your personalized treatment plan to treat your skin concerns.



**DERMALOGICA**

\* Somerset Mall & Stellenbosch Square

A skin care system researched and developed by the International Dermal Institute.

**INTRODUCTORY FACIALS 60min 310**

Cleanse, exfoliate, gentle steam, extractions, massage and masque.

**EYE RESCUE TREATMENT 30min 220**

**Added to facial 200**

Unique blend of peptides, firming proteins and therapeutic vitamins firms and revitalize eye area.

**PURIFYING FACIAL TREATMENT δ 75min 395**

Acne management, clearing break-out prone skin.

**SENSITIVE SKIN TREATMENT δ 75min 395**

Soothing, calming facial, calms redness, reduces inflammation.

**MULTIVIT ENZYME TREATMENT δ 75min 395**

Balance out uneven pigmentation.

**AGE Smart TREATMENT δ 75min 515**

Firms, resurface, tone and brighten the skin, increase cell turnover and reverse the signs of ageing.

**DERMALOGICA BODY TREATMENTS**

\* Somerset Mall & Stellenbosch Square

**FULL BODY MINERAL SALT SCRUB 30min 180**

**BACK PURIFYING TREATMENT 45min 360**

**NOURISHING SEA MUD BODY WRAP 45min 295**

**ULTIMATE SPA BODY THERMAL TREATMENT 90min 550**



## NIMUE

\* Somerset Mall & Stellenbosch Square

Derma-cosmeceutical range which is scientifically formulated to treat all skin conditions on a cellular level, normalizing skin physiology and density.

**EYE RESCUE TREATMENT** **Added to facial** **210**

Collagen enriched - treats fine lines, wrinkles, puffiness, dark circles.

**INTRODUCTORY FACIAL** **60 min** **260**

Cleanse, exfoliate, gentle steam, extractions, massage and masque.

**15% AHA REJUVENATION PEEL δ** **75 min** **310**

Rejuvenate, hydrate and exfoliate for radiant, smoother skin.

**35% GLYCOLIC PEEL δ** **75 min** **310**

Superficial peeling without flaking specifically treats hyper-pigmented skin, improves skin texture and hydration.

**ALPHA LIPOIC TREATMENT δ** **75 min** **340**

Super anti-oxidant treatment revitalizes dull, tired skin.

**7.5% TCA ANTI-AGEING SKIN PEEL** **75min** **375**

15% AHA's & 7.5% TCA treat pre-maturely aged/sun-damaged/hyper-pigmented/ acne, acne prone/ post-acne scarred skin.

**CHEMIBRASION PEEL** **30min** **825**

Slow delivery of powerful ingredients to treat sun-damaged, hyper-pigmented, pre-maturely aged skin.

**MICRONEEDLING TREATMENT** **30min** **1600**

**Follow-Up Microneedling Treatment** **30min** **550**

Specialized professional skin rejuvenation procedure where a micro needle roller is utilized to stimulate collagen induction and serves as a Trans-dermal delivery device to increase penetration of active ingredients captured in Trans-dermal solutions. Treatments reverse the signs of ageing, re-elasticize damaged skin, improving skin texture and lightening of pigmentation.

**20% or 15% TCA SKIN PEELING δ** **60min** **2200**

**Excl. Homecare Product Kit** **1300**

It is a quick procedure that rapidly removes the damaged layers of the skin while stimulating cell rebuilding and restructuring of the skin. Effectively treats:

- Softening of lines from sun damage
- Reduction of pigmentation irregularities
- Active acne/acne scarring
- Increased smoothness in skin texture and smaller pore size
- Softening of scars
- Congested/enlarged pores
- Sun damage



## REGIMA

\* Somerset Mall & Stellenbosch Square

An advanced, medically accepted skin care programme created to attack the ageing free radicals and toxins associated with modern living - prescribed by leading plastic surgeons, medical practitioners and skin care professionals worldwide.

**PURIFYING FACIAL** **60min** **295**

Cleanse, exfoliate, gentle steam, extractions, massage and masque to treat problematic skin.

**HYDRATING FACIAL** **60min** **310**

Use cutting edge hydrating and myo-relaxing ingredients to achieve super hydration and elasticity.

**NEW AGE PEEL & HEAL TREATMENT δ**

Natural peeling system used to stimulate collagen production, cell renewal, re-elasticize and rejuvenate the most damaged, scarred, sun-damaged or aged skin. Based on consultation, therapist will prescribe the most affective peel percentage.

**20% PEEL** **60-75min** **380**

**40% PEEL** **60-75min** **480**

**70% PEEL** **60-75min** **580**

**ENVIRON**

\* Somerset Mall &amp; Stellenbosch Square

Environ skin care products are designed to improve the health of your skin using natural Vitamin C, Vitamin A and antioxidants.

**ESSENTIAL FACIAL** 60min 250

Cleanse, exfoliate, gentle steam, extractions, massage and masque.

**SONO DF MACHINE TREATMENT** 60min 365

Involve the use of **Sonophoresis** (sound waves) to transport vitamin molecules through the skin layers. Used on localized area such as upper lip, character lines around the eyes, pigmentation marks or scar tissue.

**ADVANCED DF MACHINE TREATMENT** 90min 430

Intensive treatment with **Sonophoresis and Ionophoresis**, sound and electrical current facilitates the ultimate stimulation of collagen and elastin, improving oxygenation and blood circulation for effective treatment of pigmentation, sun-damage and pre-maturely aged skin.

**MICRODERMABRASION**

\* Somerset Mall &amp; Stellenbosch Square

A highly controlled flow of fine medical grade crystal removes dead, outmost layer of skin. This promotes the generation of new collagen and cell renewal. We achieve excellent results with the following skin conditions:

- Ageing skin
- Sun-damaged skin
- Skin with enlarged pores
- Post-acne scarring
- Fine lines and wrinkles
- Age spots
- Excessively oily skin
- Scar reduction
- Dry & flaking skin
- Hyper-pigmented skin
- Blackheads & whiteheads

**FLASH MICRODERM EXFOLIATION** Added to facial 195

20 minute "rapid movement technique" microderm exfoliation added to any preferred facial.

**INTENSIVE MICRODERMABRASION TREATMENT**

*Intensive*, focused microdermabrasion treatment includes a soothing and calming alginate masque.

**Face, Neck** 60min 400

**Face, Neck & Décolleté** 90min 550

**THE LASER CLINIC**

\* Somerset Mall

**LASER HAIR REMOVAL**

Imagine a hair removal treatment that doesn't involve regular battles with razors, hot wax or lotions. Laser hair removal may sound too futuristic for you but it's safe, simple and the greatest beauty breakthrough since the invention of the hair dryer – leaving your skin smooth for years and giving you a convenient and carefree lifestyle. Our Cynosure Elite Laser System has a 755 Alexandrite and a 1064 ND:YAG wave length, therefore we can treat all skin types from the lightest Caucasian to Indian skin and the darkest ethnic, African skin. Laser treatment is a clinically proven procedure for the removal of unwanted facial and body hair – gently, quickly, effectively with long lasting results. As the laser is passed over the treatment area, the hair follicles are destroyed, reducing further hair growth. Authentics' internationally trained Laser Therapists offer complimentary laser consultations to discuss your specific skin concerns.

4 – 8 treatments are advised to achieve the desired result.

**LASER HAIR REMOVAL****FACE - FEMALE**

**Chin** 15min 330

**Chin – Extensive** 15min 440

**Eyebrows** 15min 275

**Face – Full Female** 30min 990

**Face – Half Female** 15min 770

**Lip – Upper** 15min 330

**Nose Bridge (Uni-brow)** 15min 110

**LASER HAIR REMOVAL****BODY - FEMALE**

|                                 |        |      |
|---------------------------------|--------|------|
| Arms – Forearms                 | 45min  | 1540 |
| Arms – Full                     | 45min  | 1760 |
| Bikini – Standard to Panty Line | 30min  | 550  |
| Bikini – G-String               | 30min  | 770  |
| Bikini – G-String Extensive     | 45min  | 880  |
| Bikini – Full                   | 60min  | 1100 |
| Feet & Toes                     | 15min  | 210  |
| Legs – Lower Excl. Knee         | 60min  | 1760 |
| Legs – Upper Excluding Knees    | 75min  | 1760 |
| Legs - ¾ Including Knee         | 90min  | 2200 |
| Legs – Upper Including Knees    | 90min  | 2200 |
| Legs – Full Female Excl. Bikini | 120min | 3520 |
| Umbilical Line                  | 15min  | 275  |
| Nipples                         | 15min  | 275  |
| Underarms                       | 15min  | 495  |

### LASER SKIN REJUVENATION

Non-invasive, anti-ageing treatment provides collagen remodeling through stimulation of collagen and elastin synthesis, restoring skin elasticity and radiance. Treats sun-damaged skin and diminishes fine lines and wrinkles.

|                        |       |      |
|------------------------|-------|------|
| Face                   | 15min | 1100 |
| Face and Neck          | 15min | 1450 |
| Face, Neck & Décolleté | 30min | 1990 |
| Eye or Cheek area      | 15min | 770  |
| Hands                  | 15min | 880  |

### ULTIMATE LASER REJUVENATION

|                         |              |             |
|-------------------------|--------------|-------------|
| <b>FACIAL TREATMENT</b> | <b>90min</b> | <b>1750</b> |
|-------------------------|--------------|-------------|

Non-invasive anti-ageing treatment to diminish the signs of ageing, diminishing fine lines and wrinkles, provide collagen remodeling, restoring skin elasticity and radiance. Includes:

- ADVANCED DERMALOGICA TREATMENT FACIAL
- FLASH MICRODERMABRASION
- LASER REJUVENATION – Face, Neck, Décolleté

### LASER VEIN REMOVAL

The Nd: YAG provides the most effective non-invasive, long-lasing results accurately removing varicose and spider veins on all areas of the face and body. Prices for vein removal vary according to the condition being treated and amount of pulses will be determined during consultation. Complimentary consultation provided with detailed pricing.

#### VEIN REMOVAL PULSES GUIDELINE:

|                                |       |      |
|--------------------------------|-------|------|
| Vein Removal: 1 – 20 pulses    | 15min | 262  |
| Vein Removal: 21 – 50 pulses   | 15min | 550  |
| Vein Removal: 51 – 100 pulses  | 15min | 1000 |
| Vein Removal: 101 – 200 pulses | 15min | 2000 |
| Vein Removal: 200-300 pulses   | 30min | 3000 |

### LASER SUNSPOT REMOVAL

Laser removal of sun / liver / age spots removing brown imperfections.

|                                |       |     |
|--------------------------------|-------|-----|
| Sun Spot Removal: 1-10 Pulses  | 15min | 110 |
| Sun Spot Removal: 11-20 Pulses | 15min | 220 |
| Sun Spot Removal: 21-30 Pulses | 15min | 300 |
| Sun Spot Removal: 31-40 Pulses | 15min | 500 |

### ADVANCED AESTHETICS

\* Stellenbosch Square

#### EPOREX

#### NEEDLE-FREE TRANSDERMAL MESOTHERAPY

A professional cosmetic device imported from Italy utilizes unique ionic technology for effective aesthetic treatments in anti-ageing, targeted fat reduction and cellulite. The Eporex delivers cosmetic formulations painlessly through the skin (with penetration depths of 1mm to 10cm) to where the body can utilize them quickly.

#### EPOREX FACE TREATMENTS

#### DERMAL FILLERS

|                     |          |          |
|---------------------|----------|----------|
| Treatment per .1ml: | 45-60min | from 330 |
|---------------------|----------|----------|

Fillers are delivered transdermally to the lips, needle-free and painlessly. It improves the appearance of deep set lines and gives the lips a plumper look.

**TIRED EYE TREATMENT** 45min 430

Treatment to soften fine lines around the eye area and reduces the appearance of dark circles.

Recommendation: 1 treatment per week for 6 weeks and then monthly maintenance.

**MESOLIFT REJUVENATING TREATMENT** 90min 850

*Hyaluronic Acid, DMAE, Organic Silica, Vitamin C*

This lifting, tightening and toning treatment stimulate production of healthy collagen and elastin fibers. Effectively treat fine lines, wrinkles, pigmentation and sun-damaged skin. Hydrate the skin resulting in immediate glowing, radiant skin.

Recommendation: 1 treatment per week for 6 weeks, and then monthly maintenance.

**HYDRATING TREATMENT** 75min 450

*Hyaluronic Acid, Marine Collagen, Vitamin C*

Provide super hydration, moisturization to dehydrated, environmentally damaged skin.

**ANTI-OXIDANT MULTIVIT TREATMENT** 75min 450

*Organic Silica, Anti-oxidants, Multivitamins*

Super cellular repairing treatment to protect and maintain radiant, glowing skin.

**EPOREX BODY TREATMENTS**

**SKIN TONING - BODY** 80min 880

*Asian Centella, DMAE, organic Silica*

Tightening treatment for toned, smoother and healthier skin.

Recommendation: 1 treatment per week for 8-10 weeks and then monthly maintenance.

**CELLULITE REDUCTION**

**Type I & II Cellulite** 80min 750

**Type III & IV Cellulite** 80min 830

*Fucus, Rutin, Mellilot, Caffeine, Artichoke*

Homeopathic concentrates containing caffeine and artichoke are delivered to affected areas to dissolve the fibrous tissue that encapsulates fats in the subcutaneous fat layer, enabling water and fat to flow freely through the lymphatic system.

Recommendation: 1 treatment per week for 8 to 10 weeks and then monthly maintenance.

**TARGETED FAT REDUCTION** 80min 1100

*Phosphatidylcholine, L-Carnitine and Organic Silica*

Body Sculpting treatment where active ingredients are delivered transdermally to the fat layer where it breaks-up the triglycerides (solid fat), converting them back to fatty acids to be used as a source of energy. Hips, waist line, arms, buttocks, thighs, double chin and love handles are sculpted with this treatment.

Recommendation: 1 treatment per week for 8-10 weeks and then monthly maintenance.

**ADIPOSE SPOT TREATMENT** 45-60min 390

Targeted fat reduction treatment for specific, localized areas: neck, chin, arms, and love-handles.

**SYNERGIE CELLULITE TREATMENTS**

\* Stellenbosch Square

Reduces cellulite using vacuum massage technology proven to smooth and tighten the skin whilst stimulating lymphatic circulation, combating fluid retention and increasing centimeter loss.

**SYNERGIE SINGLE TREATMENT** 30min 210

**SYNERGIE COURSE OF 16 TREATMENTS\*** 30min each 3080

\*Synergie Body Suit to be purchased with Synergie Course

**THERAPEUTIC MESSAGES**

\* Somerset Mall & Stellenbosch Square

A hot shower before your massage helps you to relax and makes your treatment more enjoyable- a shower is available for convenience.

**TIRED FOOT AND LEG MASSAGE** 30min 145

**INDIAN HEAD MASSAGE** 30min 165

**REFLEXOLOGY** 30min 165

**PREGNANCY MASSAGE** 45min 275

**SWEDISH BACK, NECK & SHOULDER** 30min = R175 45min = R265

**DEEP TISSUE BACK, NECK & SHOULDER** 30min = R210 45min = R310

**AROMATIC SWEDISH MASSAGE** 45min = R265 60min = R355

A combination of medium-pressured, relaxing, rhythmic massage and aromatic oils used to relieve stress and tension.

**HOT STONE MASSAGE** 45min = R280 60min = R375

Submit your senses to this intense stress-busting experience where deep penetrating heat from the hot stones is combined with traditional Swedish massage for total relaxation.

**TRANQUILITY MASSAGE** 45min 290

Relaxing, rhythmic massage focused on a Swedish back, neck, shoulder, leg massage and pressure point on the feet.

**GOLFER'S MASSAGE** 60min 385

Full body massage includes deep tissue back neck and shoulder massage to relieve chronic patterns of muscular tension through massaging against the grain of the muscles followed by a Swedish arm and leg massage.

**SERENITY MASSAGE** 60min 395

This blissful experience combines various therapeutic massage techniques with aroma-herb and oil infused "scented bags". A deeply relaxing experience includes spinal pressure to stimulate the nervous system – firm pressure back, neck, shoulder massage, therapeutic leg and arm massage, pressure point on feet, finishing off with a relieving scalp massage.

**ARFICAN RUNGU MASSAGE** 60min 395

This full body massage is performed with the use of a rungu, a wooden throwing club, bearing special symbolism and significance in the Maassai African culture. The "staff of footsteps" is used in smooth, vigorous and stimulating massage movements combined with other massage techniques to bring your body, mind and sole in to harmony.

**MOYA CRYSTAL MASSGAE** 75min 450

A luxurious, full body pampering massage with a combination of aromatherapy, colour therapy, a pressure point, gentle hot stone massage with South African Crystals for a deeply relaxing experience.

## HAND TREATMENTS

\* Somerset Mall & Stellenbosch Square

**FILE & PAINT - excl. cuticle care** 15min 65

**EXPRESS MANICURE** 30min 110

**CLASSIC MANICURE** 60min 165

**LUXURIOUS SPA MANICURE** 75min 230

Pampering hand treatment when thermal mittens are used to achieve ultra-hydration with penetration of moisturizing masque. Include soak, exfoliation, cuticle care and arm, hand massage. Complimentary relaxing scalp massage included.

## FOOT TREATMENTS

\* Somerset Mall & Stellenbosch Square

**FILE & PAINT – excl cuticle care** 15min 65

**EXPRESS PEDICURE** 30min 130

**CLASSIC PEDICURE** 60min 200

**LUXURIOUS SPA PEDICURE** 75min 230

Pampering super hydrating, moisturizing treatment includes foot soak, exfoliation, cuticle treatment, dry calluses treatment, leg, foot massage and colour or French paint. Thermal booties are used to achieve ultra-hydration with penetration of moisturizing masque. Complimentary relaxing scalp massage included.

**MEDI-PEDI TREATMENT** 90min 355

Treats excessively dry skin build-up on heels, fungal and bacterial infections. Highly effective treatment using products that penetrates into the callous, softening the callus. After softening excess callous skin is removed with a professional hard skin tool. Include cuticle care, nail shape, buff, reflexology massage and paint.

## ESSENTIAL TINTING

\* Somerset Mall & Stellenbosch Square

**Eyebrow Tint** 15min 40

**Eyelash Tint** 15min 50

## WAXING FEMALE

\* Somerset Mall & Stellenbosch Square

### WAXING – FACE

**Eyebrow Shape** 15min 45

**Face – not incl. eyebrows** 15min 70

**Lip or Chin** 15min 40

### WAXING – BODY

**Arms - ½** 15min 60

**Arms – Full** 15min 95

**Bikini – to panty line** 15min 80

**G-String** 30min 160

**Leg - ½** 30min 125

**Leg - ¾** 30min 140

**Leg – Full** 45min 160

|           |       |    |
|-----------|-------|----|
| Neckline  | 15min | 50 |
| Tummy     | 15min | 50 |
| Underarms | 15min | 60 |

## BRONZING TREATMENTS

### VERTICAL TANNER

\* Somerset Mall

|                                |                 |            |
|--------------------------------|-----------------|------------|
| <b>SINGLE 10minute SESSION</b> | <b>10min</b>    | <b>45</b>  |
| <b>COURSE OF 10 SESSIONS</b>   | <b>10X10min</b> | <b>250</b> |

Important: The vertical tanner gives out the same UV rays as the sun, therefore people who have cancer or have had cancer or is predisposed to cancer is not allowed to use the tanner. No children under the age of 16 will be allowed to use the tanner. Sun bed use should not exceed 40 sessions per year no more than 1 session in any 24-hour period. If you have skin type 1 (burns easily) or are prone to pigmentation we advise you not to use the tanner.

### Su-Do SPRAY TAN

\* Stellenbosch Square

Su-do Airbrush tanning will give you the perfect tan you've always desired. The shade of brown will develop according to your own natural skin pigments - no orange or yellow tones. Your brown flawless tan can be achieved in minutes, developing in 5 hours & lasting for up to 10 days. Include a full body exfoliation.

|  |              |            |
|--|--------------|------------|
| <b>FULL BODY – Incl. full body exfoliation</b> | <b>60min</b> | <b>300</b> |
| <b>HALF BODY – Incl. exfoliation</b>           | <b>45min</b> | <b>195</b> |

Please remember to bring with dark, loose clothing and open sandals.

## JUST FOR MEN

**In today's highly competitive environment, it's no longer simply the best man who wins – it's the best turned-out and most confident. We offer professional treatments to enhance men's overall well-being and optimize performance in a highly competitive world. Authentics is a haven for the modern-man-on-the-go, where you can de-stress, recharge, indulge and relax. Treatments are specifically customized for men and range from pedicures, manicures, facials and massages to Laser treatments, chemical peels and microdermabrasion.**

## MEN'S TREATMENTS

We recognize the special needs of our male clients therefore we've created exclusive men's treatments. In this selective section we have highlighted popular treatments specifically for you. Authentics offer you a professionally environment, exceptional treatments and professional, internationally trained skin therapists. Talk to your skin therapist to recommend treatments focused on your specific skin concerns which may vary from face, hand, foot treatments, therapeutics massages to anti-ageing chemical peels, laser treatments and microdermabrasion.

### MEN'S FACE TREATMENTS

\* Somerset Mall & Stellenbosch Square

We offer a range of face treatments for all skin types and conditions. Your skin therapist will analyze your skin and determine which treatment is best for your specific skin concerns. Each treatment consist out of cleanse, exfoliation, gentle steam, extractions, face, neck and shoulder massage followed by a masque. A complimentary eyebrow trim and clean-up can be added.

|  |              |            |
|--|--------------|------------|
| <b>DERMALOGICA MEN'S FACE TREATMENT</b>  | <b>60min</b> | <b>310</b> |
| <b>NIMUE MEN'S FACE TREATMENT</b>        | <b>60min</b> | <b>260</b> |
| <b>ENVIRON MEN'S FACE TREATMENT</b>      | <b>60min</b> | <b>250</b> |
| <b>MEN'S INTENSIVE MICRODERMABRASION</b> | <b>60min</b> | <b>400</b> |

A highly controlled flow of fine medical grade crystal removes dead, outmost layer of skin. Effectively treats post-acne scarring, enlarged pores, in-grown hairs, blackheads, whiteheads, excessive oiliness, fine lines and wrinkles.

*Intensive* microdermabrasion treatment of face and neck followed with a soothing, calming masque.

|                                       |              |            |
|---------------------------------------|--------------|------------|
| <b>MEN'S PURIFYING BACK TREATMENT</b> | <b>45min</b> | <b>360</b> |
|---------------------------------------|--------------|------------|

Deep cleansing treatment for this much neglected and hard-to-reach area.

### MEN'S LASER HAIR REMOVAL

\* Somerset Mall

Authentics has two lasers: the 755 Alexandrite Laser and a 1064 ND:YAG Laser therefore we can treat all skin colors from the lightest Caucasian, Indian to the darkest ethnic, African skin. It is the most advanced laser technology available. This FDA-approved, laser treatment involves a laser beam eliminating the hair follicles. Laser hair removal is especially popular for athletic men who feel that their body hair hinders their performance. Laser treatments are the most effective treatment off in-grown hairs.

### MEN'S LASER HAIR REMOVAL –FACE

\* Somerset Mall

|              |              |             |
|--------------|--------------|-------------|
| <b>Beard</b> | <b>45min</b> | <b>1000</b> |
|--------------|--------------|-------------|

|  |            |      |
|--|------------|------|
| Ears                                   | 10min      | 110  |
| Neck Front/Back                        | 30min      | 715  |
| Nose                                   | 15min      | 110  |
| Nose Bridge / Uni-brow                 | 10min      | 110  |
| Sideburns & Cheeks                     | 30min      | 650  |
| <b>MEN'S LASER HAIR REMOVAL – BODY</b> |            |      |
| Abdomen                                | 60min      | 1200 |
| Arms – Full                            | 60-90min   | 2680 |
| Back – Full                            | 90-120min  | 3300 |
| Back – Half                            | 60min      | 2300 |
| Back & Shoulders                       | 120min     | 3850 |
| Chest                                  | 90min      | 1990 |
| Forearms                               | 45-60min   | 2400 |
| Legs – Full                            | 120-180min | 4440 |
| Shoulders                              | 45-60min   | 2010 |
| Speedo Line                            | 30min      | 850  |
| Underarms                              | 15min      | 495  |

\* Somerset Mall

### **MEN'S MASSAGES**

\* Somerset Mall & Stellenbosch Square

Please refer to the therapeutic massages listed above.

**MEN'S HAND TREATMENT** 45min 150

Scrub, cuticles, file, nail buff & shine, hand and arm massage.

**MEN'S FOOT TREATMENT** 60min 190

Scrub, heel callus removal, file, buff & shine, foot and leg massage.

### **MEN'S WAXING**

\* Somerset Mall & Stellenbosch Square

**Back – incl. shoulders** 30min 140

**Chest** 30min 125

**Ears** 15min 45

**Eyebrow Trim & Clean-up** 15min 45

**Legs - ½** 30min 125

**Legs - ¾** 45min 150

### **PLATINUM CIRCLE STATUS**

Authentics has been awarded Dermalogica Platinum Circle of Excellence Status in skin therapy. This is a rare distinction, awarded to only a few skin care centers in the country of unparalleled and outstanding professionalism, expertise and experience.

### **NO CHILDREN POLICY**

**REGRETTABLY CHILDREN UNDER THE AGE OF 12 YEARS (UNLESS THEY ARE RECEIVING A TREATMENT) CAN NOT BE ACCOMMODATED AT AUTHENTICS AS IT UNFORTUNATELY HAS PROVEN TO BE DISRUPTIVE. UNFORTUNATELY CHILDREN ARE NOT ALLOWED TO WAIT IN THE RECEPTION AREA AS AUTHENTICS STRIVES TO PROVIDE A SACRED, QUIET, CALM AND TRANQUIL ATMOSPHERE. THE TREATMENT ROOMS AND LASER ROOMS ARE NOT A CHILD-FRIENDLY ENVIRONMENT WITH HIGHLY SENSITIVE LASERS, ELECTRICAL EQUIPMENT, SHARP OBJECTS AND HOT WAX AT CHILDREN'S EYE LEVEL. THE RISKS OF A CHILD INJURING THEMSELVE ARE EXTREMELY HIGH. PLEASE MAKE OTHER ARRANGEMENTS.**

**Thank you for your cooperation.**

### **GUIDELINES FOR A PERFECT EXEPIENCE:**

- Please advise therapist if you suffer from any medical condition.
- Shower and grooming facilities are available for your comfort.
- **CANCELLATION POLICY:** Your appointments are reserved specifically for you, we ask that you notify Authentics a minimum of 12 hours in advanced should you wish to cancel or re-schedule, to avoid a 50% change for the service. All no-show appointments will be charged at full value.
- **LATE ARRIVALS:** Treatment time will be reduced accordingly.

### **PROUD STOCKISTS OFF:**

Dermalogica, Nimue, Environ, RegimA, OPI

## **GIFT VOUCHERS AVAILABLE**

The Perfect Gift for any occasion is available from Front Desk

## **TREATMENTS FOR TWO**

Our dual treatment room is especially designed for couples, friends and family to enjoy the luxury of treatments together.

## **IT'S ALL ABOUT YOU! NOT TRUE?**

To ensure that Authentics therapists conduct themselves in a manner that reflects the high regard we have for our customers, your feedback is important to me. If have any personal comment about Authentics staff or treatments or you have any recommendation or suggestions on how we can improve your experience or our treatment standards and service, please e-mail me directly on my personal e-mail address [lizle@authentics.co.za](mailto:lizle@authentics.co.za). Or you can fax me on my personal fax number 086 647 4829. Your feedback will assist me to ensure that therapists put their heart and soul into each treatment performed.

Your response will be kept confidential.

*Lizle Henning*

Owner

### **AUTHENTICS SKIN & LASER CENTRE**

#### **SOMERSET MALL**

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